

Endometrial Biopsy

An endometrial biopsy evaluates the cells lining the uterus for precancerous or cancerous changes. This procedure is often recommended to evaluate abnormal bleeding or an abnormal Pap smear. An endometrial biopsy uses a small, thin catheter to take tissue from the endometrium, the lining of the uterus. The tissue is sent to the lab and is examined and evaluated.

Most women experience some degree of discomfort with this procedure. We advise taking 2 - 3 tablets of 200 mg ibuprofen, Advil or Motrin, one hour before the procedure. If you are concerned about the possibility of pain during the procedure, please let us know. We can perform a paracervical block which uses local anesthesia to lessen the pain. However, many patients find ibuprofen to be sufficient and a block unnecessary.

After an EMB, mild cramping may occur for a few hours. You can expect a slight discharge or light spotting for three to ten days. Do not use tampons and abstain from intercourse until the discharge and/or spotting stops completely.

Your EMB can be performed any time during the menstrual cycle, except during menstruation. However, it is optimal to schedule the test during the second half of your cycle.

If you think you could be pregnant, please inform us. You will require a urine pregnancy test the day of your procedure. We recommend urine pregnancy tests to all patients the day of the procedure. If you are pregnant, you will not be able to have this procedure.

If you have been diagnosed with mitral valve prolapse and require antibiotic prophylaxis, please inform us. You will need to take an antibiotic before the procedure. We will phone your pharmacist with your prescription.